

*** Personal Chef Customers only: ***

Please place your Weekly Meal Order by 9pm this

Monday for delivery the following Monday ~ Thank you!!

Know that your eating preferences and/or restrictions are used in the making of every dish, even though the recipe name may indicate otherwise. For example: if you can't have nuts, wheat or dairy, don't like mushrooms, are avoiding simple carbs, or are eating low fat or low sodium.

You won't get what you don't want.* Feel free to mix and match.

Catering orders don't have a deadline, nor are they bound to this menu.

*** Please contact Rhea for customized Catering Menus ***

Always ~ Fresh, Delicious & Crafted Completely From Scratch!

- A.** Muddled Herb Potatoes, Onions au Gratin, Rosemary Roast Chicken ____
- B** Olive & Red Pepper Linguini, Roasted Asparagus, Feta Herb & Sundried Tomato Stuffed Chicken ____
- C.** Nutty Wild Rice, Sauteed Snow Peas w/Ginger & Scallions, Teriyaki Chicken ____
- D.** Maple Orange Mashed Sweet Potatoes, Mushrooms ala Orange, Game Hens w/Orange Chipotle Glaze ____
- E.** Deviled Roasted Potatoes, Mustard Carrots, Individual Meatloaves ____
- F.** Ranch Coleslaw, Roasted Cherry Tomatoes w/Basil, BLT or Ranch Chicken Wraps ____
- G** Pineapple Cilantro Rice, Roasted Sesame Green Beans, Candied Polynesian Spareribs ____
- H** Parmesan & Chive Stuffed Potatoes, Parmesan Broccoli, Creamy Beef Lasagna ____
- I.** Pork Fried Rice, Sauteed Corn w/Bacon & Scallions, Schezwan Shrimp ____
- J.** Outrageous Green Beans, Roasted Asparagus w/Capers & Eggs, Salmon Mediterranean ____

WE ARE ALSO MAKING. . . .

____ Chocolate Cupcakes ____Vanilla Cupcakes ____Healthy Fruit Flax Seed & Spinach Smoothie ____Meat & Cheese Platter ____ Banana Bran or ____Berry Streusel Muffins
____Granola or ____Bars ____Ham, ____Chicken or ____Tofu for Salads Salad Dressings: ____Zesty Ranch/____ Chunky Bleu Cheese/ ____Herbed or ____Balsamic Vinaigrette/ ____Catalina/ Thousand Island/ ____Honey Mustard ____Loaded Salad/____ Caesar Salad/____Candied Walnut Spinach Salad ____Fruit Skewers or ____Fruit Salad (minimum 4 servings) ____Veggie Platter w/Dip ____Energy Bars
____Hummus & Pita

Basic Kneads llc ~ Rhea Skinner ~ Owner and Head Chef Phone 208-771-0598 basickneadslc@gmail.com

If this menu is hard to read, visit www.basickneadscatering.com & click on 'New Weekly Menu'. *(Not too) "Small Print"* : orders cancelled after Tuesday @ 7pm will be charged at full price ~ but we'll gladly freeze your food and deliver it to you

when you return!